

OFFICE OF THE RESIDENT MEDICAL OFFICER

GOVT. OF NCT OF DELHI

CENTRAL JAIL TIHAR, NEW DELHI-64

NO.F.5/RMO/CJH/2012/ 862-882.

Dated:- 4/7/12

Sub: Preventive measures of Dengue

Case of Dengue has been reported from Delhi, Therefore preventive measures for spread of Dengue are enclosed. These may be followed.


Dr. N.K. Girdhar
Officiating RMO
Central Jail Tihar
New Delhi - 64

To,

1. All SMO's Central Jail Tihar and DJR
2. All Superintendent Central Jail Tihar and DJR

Copy to

SO to DG(P) | PA to DIG(P)


Dr. N.K. Girdhar
Officiating RMO
Central Jail Tihar
New Delhi - 64



DENGUE

PREVENTIVE MEASURES

A. MOSQUITO CONTROL

1. Eliminate artificial collection of water like empty pots, broken bottles.
2. Empty pots to be kept upside down to avoid water collection
3. Desert cooler should be cleaned at least once a week and 1 table spoon kerosene oil should be added and water should be changed regularly
4. Avoid water - logging by filling and leveling.
5. Regular fogging/spray with insecticides
6. Regular sample collection for potential breeding places
7. To maintain proper Drainage system

B. PROTECTION AGAINST MOSQUITO BITES

1. Screening of building with wire Gauze having 16 meshes to the inch is recommended, if permissible as per jail rules
2. Using mosquito nets, if permissible under jail rules.
3. Using mosquito repellent if permissible under jail rules
4. Protective clothing to minimize exposure of body parts (Body parts to be properly covered)

C. EARLY DETECTION

All cases with following signs and symptoms to be reported to Doctor on Duty of respective Jails

SYMPTOMS

Fever, chills, intense headache, Muscle and joint pain, retro orbital pain, photo phobia, upper abdominal pain, vomiting

Extreme weakness, Anorexia, Constipation Altered taste sensation.

SIGNS

Abdominal tenderness, lymphadenopathy, facial flushing, Petechial spots over body and bleeding from any site

Routine blood test including platelet count and peripheral smear for Malaria should be tested in every suspected case.