

SPORTS ACTIVITIES

Sports Activities form an integral part of daily routine of prisoners. The purpose behind these activities is to channellise the prisoner energy towards positive casuses. Interjails sports competitions popularly knows as **Tihar Olympics** are organised annually in which winner and runners up are given trophies. Prominent sports personalities are invited to distribute the prizes. Some of the glimpses of sports activities in jail.

BADMINTON AND CARROM MATCH

The final match of Badminton and Carrom were held in Central Jail No.7 on 15.03.2012. Mr. M.S. Tyagi, Project Director, Sports Authority of India, was the Chief Guest. The Badminton and Carrom final were played between the teams of Central Jail No.3 and Central Jail No.5, respectively. Both the matches were won by the teams of Central Jail No.5.



KHO KHO

The final match of the Kho Kho competition of the Annual Tihar Winter Olympics-2011 was held in Central Jail No.5 on 02.03.2012 between Central Jail No.5 and Central Jail No.3. Padam Shri Zafar Iqbal, Olympian and former captain of Indian Hockey Team was the chief guest during the final match. The team of Central Jail No.5 emerged winner in the Final match. Addressing the inmates, the chief guest explained the importance of sports in life and appreciated the efforts made by Prison administration for reformation and rehabilitation of prisoners.

KABADDI & TUG OF WAR

A final match of Kabaddi and Tug of War was organized in Central Jail No.4 on 22.02.2012 and trophies and medals were distributed to the members of winning and runner up teams. In Kabaddi final, team of Jail No.4 defeated Central Jail No.5 and in Tug of war team of Central Jail No.2 defeated Central Jail No.4.



CRICKET MATCH



The final inter jail cricket match of Tihar Olympics was played on 16.2.12 between the teams of Central Jail No.1 and 2. On this occasion famous cricket stars Ashish Nehra and Ishant Sharma were present to motivate the prison inmates. The team of Jail No.1 won the match.