

12. Recreational & Sports activities

Recreational activities are carried out extensively in jails to channelise the prisoner energy towards positive causes. There is television set provided in each barrack. The Newspaper, magazines, and books available. There is a provision for sports and cultural activities and inter-jail tournaments are organised. Prominent personalities grace the occasion and distribute the prizes.

The salient features are as under:-

- Provision for Sports and Cultural activities
- Facilities for sports like Badminton, Cricket, Volleyball, Chess, Carrom, Basketball etc.
- Regular Inter wards, Inter jail sports competition
- Holding of Annual Tihar Olympics.
- Frequent Cultural Programme by eminent artists and theatre groups.
- Holding of an Annual Cultural Festival "Ethnic Tihar."



It has been the constant endeavor of prison administration to involve the prisoners in sports activities to keep them occupied in healthy and amusing pursuits. Inter Jail Sports tournaments are an annual feature popularly known as Tihar Olympics in which famous sports personalities are invited as role models to encourage the prison inmates to lead a healthy life. The following are the glimpses of different sports tournaments organised in the Jails during the year:-

Cricket tournament

On 13.08.2010 the final cricket match was played between the teams of Central Jail No. 2 & 4. **Mr. Kapil Dev, Ex-Captain of Indian Cricket Team was the chief guest and Mr. Manpreet Singh Gony, the star member of Chennai Super Kings in IPL was the Guest of Honour.**



Mr. Kapil Dev renowned cricketer in Central Jail No.-1

Kabbadi



The final matches of Kabaddi and Tug of War were held in Central Jail No.4 on 04.10.2010. **Mr. Sushil Kumar, World Wrestling Champion, was the Chief Guest.** The Kabbadi and Tug of War finals were played between the teams of Central Jail No.4 & Central Jail No.2 and Central Jail No.4 & Central Jail No.8/9 respectively. Both the matches were won by the teams of Central Jail No.4.

Kho-Kho



13. Legal Aid activities

A Legal Aid and Counselling Center is functioning from the Jail Complex which is headed by a retired Additional Sessions Judge to supervise the Legal Aid Activities in the Prisons. Delhi High Court Legal Service Committee has drawn up a panel of lawyers to argue the appeals of poor convicts before Hon'ble Delhi High Court. The following are the features of Legal Aid Activities in the Jails:

- A Free Legal Aid Cell in each jail in which stationary items, typing material, books etc. are provided by the Jail department.
- Delhi Legal Services Authority deployed 29 advocates who are visiting the Legal Aid Cells of the Jail and giving Legal Aid. NGO advocates also help.
- Regular drafting of application/petition/appeal of the prisoner by the advocates and Para Legal Aid formed by the legal literate prisoners.
- The matter of release of sick, infirm or old aged inmates are taken up with Court.
- Custody parole to the convicts on the occasion of marriage, death, serious illness etc. by Superintendents Jail.

