



DELHI PRISON

Say no to Drugs. Yes to Life

MANAS

**National helpline for sharing Drugs
Trafficking Information**

Toll-Free Helpline (24x7) - 🕒 **1933**

Website - www.ncbmanas.gov.in

Mobile App - **Available on UMANG**
Platform

Email - info.ncbmanas@gov.in

14446

**Helpline for free Psychological/Psychiatric
assistance**

For individuals, families, and
youth seeking freedom from drug
dependence

Free | Confidential | 24x7 Assistance

Take e-pledge

Against Drug Abuse

Join the Nasha Mukta Bharat Abhiyan

<https://pledge.mygov.in/fightagainstdrugabuse>

🕒 1930

Cyber Crime Helpline

Report Online Scams, Fraud,
Harassment & Abuse

Call 1930 or visit

www.cybercrime.gov.in

Awareness Saves Lives - Speak Up. Stay Safe. Stand Strong.