



**DELHI PRISON**

*Say no to Drugs, Yes to Life*

## **MANAS**

**National helpline for sharing Drugs Trafficking Information**

Toll-Free Helpline (24x7) - **1933**

Website - [www.ncbmanas.gov.in](http://www.ncbmanas.gov.in)

Mobile App - Available on **UMANG** Platform

Email - [info.ncbmanas@gov.in](mailto:info.ncbmanas@gov.in)

**14446**

**Helpline for free Psychological/Psychiatric assistance**

For individuals, families, and youth seeking freedom from drug dependence

Free | Confidential | 24x7 Assistance

## **Take e-pledge**

**Against Drug Abuse**

Join the Nasha Mukt Bharat Abhiyan

<https://pledge.mygov.in/fightagainstdrugabuse>

**1930**

**Cyber Crime Helpline**

Report Online Scams, Fraud, Harassment & Abuse

Call 1930 or visit

[www.cybercrime.gov.in](http://www.cybercrime.gov.in)

***Awareness Saves Lives - Speak Up. Stay Safe. Stand Strong.***